

Instructions for Using the ReMark Pro Collection Kit

Kit Contents: 1-Laboratory Requisition Form, 1-ReMark Pro Collection Card, 1-Pressure Sensitive Lancet, 1-Gauze Pad, 1-Alcohol Prep, 1-Adhesive Bandage, 1-Foil Sample Return Bag w/ desiccant, 1-Return Mail Envelope, 1-Patient Wallet Card

1



Sample collection is much easier if the patient is hydrated. Ask the patient if he/she has had at least 8 ounces of water in the last hour. If not (and if possible), have the patient drink a full glass of water 20-30 minutes prior to collection.

Blood collection is always easier with a patient who has consumed adequate fluids.

2



Check the kit contents to make sure all the components are present. Position them on the table in front of you for easy access.

Enter ALL the patient information asked for on the Laboratory Requisition Form. Be sure to enter the Date and Time of collection. **Print** all entries clearly.

3



Place the card on a clean, dry surface.

Remove the *upper left* barcode label from the top of the Laboratory Requisition Form, and place it at the top of the ReMark Pro Collection Card.

Print the patient's name at the bottom of the Collection Card.

4



The patient's hands *must* be warm before collection. It is very difficult, if not impossible, to get a good blood flow from hands that are cold. And warm means *warm!* Not lukewarm, not "kind of" warm, but **WARM!** The entire patient experience depends on this!

If necessary, place hands under hot running water until they are warm. Alternate ideas are: holding the hands under a restroom hand dryer, holding a pocket hand warmer or a warm cup of liquid for a few minutes, etc.

5



If the collector is right handed, stick the patient's left hand, if left handed, vice versa.

Clean the tip of the middle finger with the Alcohol Prep. Let it air dry—do not blow on it.

Twist the protective tip on the Lancet and remove. Position the Lancet on the finger as shown.

Press on the Lancet until it "clicks" then remove. Gently squeeze the first drop of blood and quickly wipe it away with the gauze pad. **THIS IS A MUST!**

Instructions for Using the ReMark Pro Collection Kit

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Guide the patient's left hand with *your left* hand so the finger just lanced is directly over the "teardrop" collection area on the ReMark Pro collection card. With your *right* hand, gently squeeze the lanced finger to produce the blood drops. Squeeze the finger in a "massaging" motion until a large drop is produced on the end of the finger.

When a large drop is visible, touch it to the opening. The paper will absorb the drop from the end of the finger. Continue massaging and adding drops. **STOP ADDING BLOOD when the dark red blood cells travel along the paper PAST the vertical red line on the card.**

If necessary to produce a good blood flow, also massage the palm with your left hand.

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4 or 5 LARGE drops will usually be enough to turn the paper red past the red vertical line. The red blood cells **MUST** get *past* the red vertical line on the card!

Once enough blood has been added, wipe excess blood from the patient's finger with the Gauze Pad and apply the Adhesive Bandage.

As the card dries, you will see a very lightly colored liquid develop to the right of the red blood cells. This is the extracted serum.

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Allow the card to dry at least 15 minutes.

Tear the top off of the Foil Sample Return Bag and open the zip seal.

Insert the ReMark Pro collection card and reseal the bag. **DO NOT** remove the desiccant inside!

9

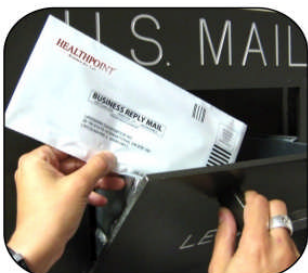


If you want the patient to have a receipt for the test, remove the appropriate *numbered* label from the top of the Laboratory Requisition Form and place it on the wallet card. Give the wallet card to the patient.

Remove the lower portion of the Laboratory Requisition Form for your records.

Fold *in* the written side of the Laboratory Requisition Form so it doesn't show through the Return Mail Envelope. Place the Laboratory Requisition Form, along with the Foil Sample Return Bag into the Return Mail Envelope and seal shut.

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Place the Return Mail Envelope in the nearest US Post Office box as soon as possible.

Dispose of the used kit materials in your Sharps container.

Depending on when HealthPoint receives the sample, results will usually be faxed back to your office within two weeks.